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## Cat Tales Newsletter

March 4, 2016

## Patrick Caunty Figh Schaol

Believe * Achieve * Succeed

The mission of Patrick County High School is to build a foundation for lifelong learning that prepares students for responsible citizenship.

## Virginia Senior Beta State Competition

 With more than 450,000 active members and 8,750 clubs nationally and internationally, National Beta has become the nation's largest independent, non-profit, educational youth organization. National Beta promotes the ideals of academic achievement, character, service, and leadership among elementary and secondary school students. National Junior Beta includes grades 4th8th, and National Senior Beta includes grades 9th-12th. Visit betaclub.org for more information.

The PCHS Senior Beta Club attended The Virginia State Conference in Williamsburg on February 12-13. Our students distinguished themselves at the conference. We had students place in Science Divisions I and II, as well as Social Studies and Math. The PCHS team placed first in the Quiz Bowl. In the Arts Competitions, our students placed third in Digital Photography and Drawing; second in Photography and Fiber Arts; and first place in Creative Writing. Also, our students placed second in the Character Skit Competition. Finally, PCHS Junior, Sydnee Burnette ran for state secretary.

The PCHS Senior Beta Club received the Scholastic Sweepstakes Award for the first time since 2006 at this year's state competition. Sponsors of the PCHS Senior Beta Club include Mr. Jonathan Turchek and Ms. Katherine Shockley. The principal of Patrick County High School is Mr. Trey Cox.

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For daily announcements, menus, homework, sports schedules, upcoming events, and more: Go to our website: http://www.patrick.k12.va.us

## Junior Beta Convention

The Patrick County Junior Beta Club attended State Convention in Williamsburg on February 9-10. Nadia Burnett, an 8th grader here at PCHS, won first place in Special Talent. Club Sponsor, Lisa Belcher was awarded special recognition for fifteen years as a Junior Beta Sponsor.



Left to right: Seth Wright \& Jacob Mullis


Lisa Belcher, Sponsor


Left to right: Gracie Howell, Amber Mize, Jenny Turner, Kylie Campbell, Taylor Hopkins, Seth Wright, and Krishal Somasundaram

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## Girls' Basketball

The Patrick County Lady Cougar varsity team finished with an overall record of 9-13, but this doesn't reflect the season we had, nor the team's success. Following Coach Chilton's departure due to an injury and necessary surgery, Jessica Young was honored to have the opportunity to step in as head coach. The girls faced a lot of adversity this year, with many injuries throughout and adjusting to an unexpected coaching change. However, they continued to work hard every day and give the team everything they had. They played their hearts out from start to finish in each of our last nine games together. We had some exciting wins this season, and nine wins is something they can be proud of. But, we also lost several close, hard-fought games. The girls never quit and kept going with a selfless, team-first attitude. Coach Young is very proud of that. This year's seniors, in particular, showed a lot of character, perseverance, and leadership; and they will be greatly missed.

Autumn Hubbard led the team with average 8.7 points per game while Kaleigh
 Griffith led in rebounds with 6.8 rebounds per game. Autumn Hubbard also led in categories of steals and assists, with 3.7 steals per game and 2.9 assists per game. In addition, Melanie Roberson had the highest free throw percentage at 63\%; and Sydnee Burnette held the highest shooting percentage with $58 \%$ from the field.

## Patrick County High School's 8th Annual

The first whistle blows at 7pm in the PCHS gymnasium..


## Teacher Feature



## Nancy Carlson

## Social Studies Department

Education: Bachelor of Science from Jacksonville University; MBA from The George Washington University; and Master's Equivalent from Virginia Tech

PCHS Experience: Since 2001, I have taught regular and honors VA and US government, civics, and World History I

Extra-curricular activities at PCHS: SCAEL Team - History Coach and Overall Coordinator

Hobbies: Golfing, reading, and travelling
Family: Husband, Dr. Ralph Kramer; daughter, Megan, a recent JMU graduate who is working in Northern Virginia as a social worker; son, Alex, a biology major at Roanoke College

Life Goal: To enjoy life...it's short. My goal at PCHS is to get to know the students and try to teach in an interesting and interactive manner.

## FAFSA Night

FAFSA Night was held in the PCHS library on February 4. This event served as an opportunity for parents and students to receive one-on-one FAFSA help. FAFSA (Free Application for Federal Student Aid) is an application form which is required for all students who are planning to attend college and use financial aid. The FAFSA is even required for our local schol-
 arships. Need help? See Ms. Wimmer!


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## Keeping Your Student Safe Online

Sometimes it might feel overwhelming to keep up with the latest social trend for your kids, but it's important to be up to date and in the know.

Here are some tips regarding Instagram and Kik, and other similar sites/apps:

- Set privacy settings so only those approved can see the pictures
- Only allow followers either you or your child knows and can verify
-Do NOT allow Kik - private messaging systems are hard to monitor and are easily exploited
- Be picky about which photos are posted online

-Turn off Geo-Tagging/Location-based services
- Have access to your child's account (half of all teens said they'd change their online behavior if a parent was watching)
- Have on-going discussions with your child about online responsibility and be open to questions they may have

Being involved in your child's online life is essential; however, be open to discussion so your teen will understand your concerns about Internet safety.

Taken from: Birdsong, Toni. "Picture to Pedophile: The Danger of Instagram and Kik Messenger"
Available at: https://blogs.mcafee.com/consumer/danger-of-instagram-and-kik/

## Elective Fair



Students in grades 8th-11th were able to tour the Elective Fair held in the gymnasium on Friday, February 26. This event allowed students to visit various elective showcases and ask questions regarding the different classes available. Registration for 2016/2017 classes begins Tuesday, March 1.



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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | $\begin{aligned} & 3 \\ & \text { Report Cards } \end{aligned}$ | $\begin{aligned} & 4 \\ & \text { 4:30p JV SB } \\ & \text { vs. Grayson Co } \\ & \text { 4:30p V SB } \\ & \text { Grayson Co } \end{aligned}$ | $5$ <br> SAT Test |
| 6 | $7$ <br> 5:00p MS SB @ Martinsville 5:00p MS BB @ Martinsville | 8 <br> 10:00a-10:45a Class <br> Ring Meeting for 10th <br> Graders Auditorium <br> 5:00p G/V Soccer vs. <br> Floyd Co <br> 6:30p B/V Soccer vs Floyd Co | ```9 4:00p-7:00p Parent/ Teacher Conference 4:30p JV SB @ Carroll Co 6:00p V SB @ Carroll Co``` | 10 <br> 4:30p B/V Tennis vs. Franklin Co 4:30p G/V Tennis @ Franklin Co 5:00p MS BB vs. Halifax Co 5:00p MS SB vs. Halifax Co 5:00p G/MS Track-G/MS @ Benjamin Franklin MS 5:00pm B/MS Track @ Benjamin Franklin MS | 11 7:00p Dodgeball Tournament | 12 |
| 13 <br> Daylight Saving Time Begins | 14 <br> SOL's Begin <br> 5:00p V SB @ Floyd Co 5:00p JV SB vs. Floyd Co 5:00p V BB vs. Floyd Co 5:00p JV BB @ Floyd Co | 15 <br> 4:30p G/V Tennis vs. <br> Bassett <br> 4:30p B/V Tennis @ <br> Bassett <br> 5:00p V SB vs. Bassett <br> 5:00p JV SB @ Bassett <br> 5:00p V BB vs. Bassett <br> 5:00p JV BB @ Bassett <br> 5:30p G/JV Soccer @ <br> Bassett <br> 5:30p B/JV Soccer vs. <br> Bassett <br> 7:00p G/V Soccer @ Bassett <br> 7:00p B/V Soccer vs. <br> Bassett | 16 <br> Herff Jones 10th Grade Ring Orders During Lunches <br> 3:30p-6:30p Parent Meeting Herff Jones Ring Orders Front Office <br> 5:00p MS SB vs. Laurel Park MS 5:00p MS BB vs. Laurel Park MS | 17 <br> Herff Jones 10th Grade Ring Orders During Lunches 4:30p G/V Tennis vs. Halifax Co 4:30p B/V Tennis @ Halifax Co 5:00p G/MS Track @ PCHS 5:00p B/MS Track @ PCHS 5:00p V SB vs. Halifax Co 5:00p V BB vs. Halifax Co 5:30p G/JV Soccer vs. George Washington 5:30p B/JV Soccer @ George Washington 7:00p G/V Soccer vs. George Washington 7:00p B/V Soccer @ George Washington | $\begin{aligned} & 18 \\ & \text { 5:00p JV SB @ } \\ & \text { Halifax Co } \\ & \text { 5:00p JV BB @ } \\ & \text { Halifax Co } \end{aligned}$ | 19 <br> 4:30p G/V <br> Track @ <br> North <br> Stokes <br> 4:30p B/V <br> Track @ <br> North <br> Stokes <br> 6:00p Band <br> Raffle <br> Cafeteria |
|  | 21 <br> 4:30p G/V Tennis @ <br> Christiansburg <br> 5:00p JV SB vs. Chris- <br> tiansburg <br> 5:00p V SB @ Christians- <br> burg <br> 5:00p V BB vs. Christians- <br> burg <br> 5:00p JV BB @ Christians- <br> burg <br> 5:30p B/V Tennis vs. <br> Christiansburg <br> 5:30p B/JV Soccer vs. <br> Christiansburg <br> 5:30p G/JV Soccer @ <br> Christiansburg <br> 7:00p G/V Soccer @ <br> Christiansburg <br> 7:00p B/V Soccer vs. <br> Christiansburg | 22 <br> 4:30p B/V Tennis @ <br> Franklin Co <br> 4:30p G/V Tennis vs. <br> Franklin Co <br> 5:00p JV SB @ George <br> Washington <br> 5:00p V SB vs George <br> Washington <br> 5:00p V BB vs. George <br> Washington <br> 5:00p JV BB @ George <br> Washington <br> 5:30p G/JV Soccer @ <br> George Washington <br> 5:30p B/JV Soccer vs. <br> George Washington <br> 7:00p G/V Soccer @ <br> George Washington <br> 7:00p B/V Soccer vs. <br> George Washington | 23 <br> 4:30p G/V Track @ <br> PCHS <br> 4:30p B/V Track @ <br> PCHS <br> 5:00p MS SB @ <br> Fieldale-Collinsville MS <br> 5:00p MS BB @ <br> Fieldale-Collinsville MS | 24 <br> 1:00p Early Dismissal <br> 4:30p G/V Tennis @ Halifax Co 4:30p B/V Tennis vs. Halifax Co 5:00p JV SB @ Tunstall 5:00p V SB vs. Tunstall 5:00p JV BB @ Tunstall 5:00p V BB vs. Tunstall 5:30p G/V Soccer vs. Tunstall 7:00p B/V Soccer vs. Tunstall <br> 6:00p Military Ball | 25 <br> Closed - <br> Holiday | 26 |
|  | 28 <br> Closed—Holiday | $\begin{aligned} & 29 \\ & \text { Closed — Holiday } \end{aligned}$ | 30 | 31 |  |  |

